



Door Poster

If unsure who should wear a mask, please ask your healthcare worker.

- **Clean hands.** Visitors are to clean their hands before they enter and after they leave the room.
- 'Hand sanitizer' or 'soap and water' is provided. 'Hand sanitizer' is preferred.

What does this mean for you, your child and visitors during your stay?

Stay in the patient room. Unsure? *Ask your healthcare worker.*

If you require anything from the patient kitchen please ask the nurse to get it for you. You may leave the hospital to purchase food and beverage.

Please follow all instructions from Healthcare workers about any special requirements during your stay.

Visitors

There may be a limit to how many visitors may visit. Visitors are asked to wear a mask, gown and gloves.

Some patient care areas have shared laundry machines. Can I use them?

Do not use shared laundry machines. This stops germs from making other patients and families sick.

How long will you be on Airborne and Contact Precautions?

A doctor or nurse will tell you when you no longer require precautions.

If you have any questions about 'Airborne & Contact Precautions' please talk to your healthcare worker or ask to speak to an Infection Control Practitioner.

Why are you or your child on Airborne and Contact Precautions?

You or your child have been placed on **Airborne and Contact Precautions** (isolation) as you may be infected with airborne germs.

Airborne germs are small and travel through the air. They float or hover on air moving in the room. You can become infected by:

- Breathing in the germs,
- Touching a person that is infected, or
- Touching things in the infected person's room.

What are Airborne and Contact Precautions?

Precautions are actions that help to stop infections from spreading.

- **Negative air pressure in the patient room.** The room has a special design. When a door opens, air moves into the room. Air does not move out of the room. This stops germs from escaping. It is important the door is kept closed.
- **In some areas, entering and exiting into the room happens through a small room called an anteroom.** The anteroom also keeps germs from leaving the room.
- **Mask, gown and gloves.** Every person that enters the patient room is to wear a mask, gown and gloves. All visitors are to put on a mask, gown and gloves when they enter your room and take them off when they are leaving. Your healthcare team wear special fitted masks.