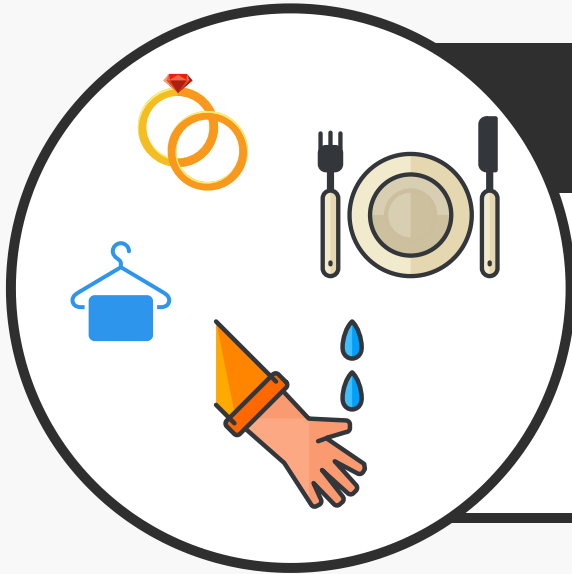


Help minimize risk to you and your loved ones



Before Work

- Remove watch and jewelry
- Pack clean work clothes in washable or disposable bag.
- Pack lunch in washable or disposable bag. Do not place bag in fridge (place individual items in fridge)
- Keep nails short, no nail polish, hair tied back
- Proper hand hygiene upon entry to hospital



During Work

- Wipe down work surface, phone, ID badge, glasses, Vocera q4H. Keep work surface free of clutter
- 4 moments of hand hygiene
- No hand shaking or high fives
- Wear appropriate PPE as directed
- Avoid touching face and PPE. Always perform hand hygiene before and after touching your PPE



After Work

- Work clothes in washable or disposable bag. Wear clean clothes home
- Clean phone, ID badge, glasses
- Leave work shoes at work
- Shower at work or at home
- Water bottles/tupperware in dishwasher
- Work clothing & bags in washer
- Focus on wellness for 1 hour (disconnect from social media)