



(Door Poster)

Why are you or your child on Droplet and Contact Precautions?

You or our child has been placed on **Droplet and Contact Precautions** (isolation) as you or your child may be infected (sick) with germs that spread in droplets and by touch (contact).

Droplets are small drops of moisture. You make droplets when you cough or sneeze. Droplets are also in mucous, like snot or phlegm. Droplets can travel 2 meters when an infected person coughs or sneezes. Droplets land on surfaces, like objects in the room. You can become infected if you come into **contact** with droplets.

What are Droplet and Contact Precautions?

Precautions are actions that help to stop infections from spreading.

- **Mask, gown, gloves and eye protection.** People should wear a mask, gown, gloves and eye protection when they enter the patient room, and when they are within 2 meters of you or your child. If unsure ask your healthcare worker.
- **Clean hands.** Visitors are to clean their hands before they enter and after they leave the room.
- **'Hand sanitizer' or 'soap and water'** is provided. 'Hand sanitizer' is preferred.

What does this mean for the patient during their hospital stay?

Stay in the patient room.

Unsure? *Ask your healthcare worker.*

What does this mean for you, your child and visitors during your stay?

Visitors are asked to wear gown, gloves and mask.

Stay in the patient room. Unsure? *Ask your healthcare worker.*

If you require anything from the patient kitchen please ask the nurse to get it for you. You may leave the room to go purchase food and beverage outside of the hospital.

Please follow all instructions from Healthcare workers about any special requirements during your stay.

Some patient care areas have shared laundry machines. Can family members use them?

Do not use shared laundry machines. This stops germs from making other patients and families sick.

How long will I or my child need to remain on Droplet and Contact Precautions?

A doctor or nurse will tell you when you can stop these precautions.

If you have any questions about 'Droplet and Contact Precautions' please talk to your healthcare worker or ask to speak to an Infection Control Practitioner.