

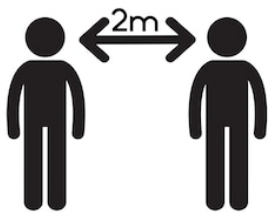
Physical (Social) Distancing With Co-workers, Patients, Families and Visitors during Coronavirus Disease (COVID-19)

This document provides general information for staff about interacting with patients, families, and visitors, and other colleagues during the COVID-19 pandemic. Think about how you can adjust your work and processes to help protect yourself and others.

For most current version of COVID -19 resources, please refer to the [ePOPS](#) site.

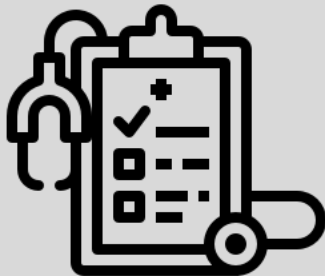
What You Should Know

- Physical distancing means keeping space between people
- It is shown to be one of the most effective ways to reduce the spread of illness during an outbreak
- Physical distancing applies at work, just as it does when outside your home and in the community
- The goal is to try to achieve a balance between infection prevention, confidentiality, and patient/family-centred trauma & violence informed care
- Remember good hand hygiene & respiratory etiquette applies at all times



With Colleagues

- Use physical distancing (about 2 metres apart) with all team members in all situations (i.e. rounds, huddles, meetings)
- This applies during breaks as well.



With Patients & Families

- Check with the Primary RN or MRP about coordinating patient contact
- Avoid entering the patient room unnecessarily
- Use virtual health technologies (phone or other) for patient contact when possible
- Keep the number of people in the room to essential staff
- Consider closing the room door to protect patient confidentiality, move to another room to talk privately



Think about what this means for your specific environment. Connect with your colleagues to strategize solutions for physical distancing.

Questions? See the Physical Distancing Guideline on [ePOPS](#)

Consult with the Infection Prevention & Control & Unit/Area resource people.